

Research on the Role of Volunteer Service in the Community Old People Nursing

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Abstract

Since China has entered the aging society, the pension problem has become a major issue for the family and social harmony. With the development of economy and society in China, the community will play a more and more important role in the process of aging and the role of community care in the pension service system is becoming more and more important. Volunteer service is an important part of the community endowment resources. This paper analyzes the role of volunteer service in the community, and puts forward some suggestions for the full play of the role of volunteer service in the community.

Key words: Aging society; Community nursing; Volunteer service

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INTRIDUCTION

At present, our country has entered the aging society and the community will play an increasingly important role in response to the aging process. One of the important ways is through community organizations to provide direct community care services for old people. Community organizations organize professional personnel and

volunteers and use the community service center to provide services for the elderly in the community. Based on the national conditions of China, restricted by the financial and human resources, professional staff can only assume a limited range of services to the community and a large part of the service is borne by the volunteers. The service of the aged people in the community is mainly concentrated on three sectors: domestic service, medical and health services, spiritual and cultural services. The medical and health services are mainly borne by the professional personnel and home services and spiritual and cultural services are borne part of the professional staff, in part the volunteers. And, with the development of the community in our country, volunteer service will play an increasingly important role and finally, it will become the main force of community pension.

1. THE CURRENT CONDITION OF COMMUNITY PENSION SERVICES

Generally speaking, ways of providing pension services for the aged consist of the traditional family pension, the institution and the community endowment. There is no quality distinction among these three kinds of pension. Old people should choose the most appropriate way of pension according to their own needs. According to self-care status of the elderly, Old people can be divided into three categories: The first one is for those who can take care of themselves completely. The second one is for those who can only take care of themselves partly. The third one is for those who can not take care of themselves completely. These three types of old people have different needs for pension. Family pension is a pension service with Chinese characteristics and is in line with the traditional Chinese customs and is welcomed by most of the elderly. With the family pension, the elderly can continue to live together with children and enjoy the happiness of a family union and do not need to adjust

their living habits. As a result, the vast majority of people are willing to choose the family pension way. Institutional pension in China is mainly for those who can only take care of themselves partly and those who can not take care of themselves completely. Due to the lack of institutional pension resources, only a small part of those who can only take care of themselves partly and those who can not take care of themselves completely can enter the pension institutions to receive services. After the first generation of only-child enters the stage of middle age, they become the backbone of the society in the work. In their families, they not only have to shoulder the task of the raising of the next generation, but is required to assume the responsibility for pension, resulting in the function of family pension gradually weakened. Community pension has drawn the advantages of family pension and institutional pension, and has been recognized as an important way to deal with the challenges of an aging population. The Community care service is that the government and social forces rely on the community to provide care, health care, rehabilitation care, spiritual solace, rights and interests of maintenance and other pension services for the home life of the elderly. On the one hand, the community provides professional and comprehensive care services for the elderly, which is suitable for people who do not want to leave the familiar environment, which not only reduces the pressure on their children, but also meets the needs of old people's daily life and spiritual aspects. On the other hand, for the low-age old people and those who can take care of themselves completely, community care can also provide a platform of exchange and various kinds of cultural activities and entertainments, sports fitness service so as to comfort old people's heart and improve the quality of life of the elderly. The ways of community pension services are diversified and can meet the needs of the elderly. It is an important supplement to the family pension and plays an important role in the whole pension system.

2. THE CHANGES THAT VOLUNTEER SERVICE CAN BRING TO COMMUNITY NURSING

China's volunteer service can date back long time ago. During recent years, the volunteer service has been rapidly developed and is bringing great changes to the community pension service and as a result is becoming an indispensable part of the pension system.

2.1 One Change Volunteer Service Brings Is That It Can Reduce the Cost of Public Service

In the traditional public service supply mode, the government not only acts as a provider but also serves as the organizer and is responsible for raising enough funds, constructing the frame, training personnel and providing the service of the whole process. State-owned enterprises,

public hospitals and schools and state welfare homes are all typical representatives. The mode that government arranges all the supply will inevitably lead to government tax increase and a loss of efficiency, resulting in excessive dependence of citizens on the government. The aging of our country and the level of economic development do not go with each other. Before our country's social economy has reached the level of developed countries, China has entered the aging process in advance and thus brings about the result that the government is not strong enough to meet the huge demand for pension. Volunteer service is free of charge. After the volunteer service goes into the community, it can quickly play its role of permeability and provides various and relatively stable public service to make up for the shortfall in government supply. Personalization and differentiation of consumption are the general requirements of the modern society, but in fact, the government is unable to take care of these meticulous service because of the numerous complex social and public management services it has to shoulder. Compared with the government supplying service, the volunteer service has the features of flexibility, diversity and stability, which can meet the needs of the urban community residents needs. Compared with the market mechanism, enterprises are often not willing to provide community service with few profits or service without profits. The voluntary organization can effectively avoid the blindness and the lag of the market, and provide quality service for the urban community.

2.2 The Second Change Volunteer Service Brings Is That It Can Show Humane Care to Old People in the Community

The goal of volunteer service is often determined and relatively fixed. The service provided by the community should be built on the real needs of the elderly. The volunteers can go to community to understand the situation of the elderly through questionnaires, interviews and other methods thoroughly and analyze the specific requirements of different old people and make a plan to set up service projects and implementation details and provide two-level targeted services including the material and spirit aspects. Since China's economy is rapidly developing, the old people's material conditions have been greatly improved. Because their children are either not around or busy with work, the elderly are eager to get spiritual comfort particularly. Volunteer service is the main force to offer these services. Volunteers can go to the home of the elderly and listen to the voices of the elderly regularly, comfort the old man's mood, in particular, to unlock the negative emotions of the elderly, and really make them feel the humanistic care from the community so as to enhance their well-being. Such services have a definite object and are needed by the old. They not only can get their acceptance and approval but can also show the public utility of volunteer service.

2.3 The Third Change Volunteer Service Brings Is That It Can Enrich the Cultural Life of the People Living in the Community

Colorful cultural life is not only an important symbol to measure people's quality of life, but it is also a necessary factor to achieve the full development of human beings. Community is a small regional community. In such a place where people live, in addition to the living environment, lifestyle, interpersonal relations and other factors, people's feelings, traditions, customs and the relationship between people's link the people into a community. The original style of the community is generally fixed and the organization of personnel is relatively single. Most of the volunteers have received higher education. Their level of thinking is higher and most of them have some special talent. Many of such volunteers can be a good dancer or a singer. Therefore, their participation will greatly enrich the original poor cultural life. Some of capable volunteer organizations often organize cultural performances, hold parties and enter some families to comfort the elderly in some large festive occasions. The old people's life, work and rest time are relatively fixed and their normal life is relatively monotonous. In addition to their children, they mostly get in touch with their peers. Therefore, their mind and vision are more bound. Volunteer service can bring new content to the old people, so that they and the dynamic young people can have close contact. They can even be personally involved in the community activities, make some adjustment to their original state of mind so as to be integrated into society again to truly maintain a happy young state of mind.

2.4 The Fourth Change Volunteer Service Brings Is That It Can Improve the Level of Governance in the Community

The structure and system of community governance in our country were basically determined in 1990s. After the development of a period of time, they form a more mature mode, but they still can not fully adapt to the rapid development of the economy and the constantly changing conditions. The thinking of the management staff lacks innovation and the financing of the community is insufficient. The relationship among the neighborhood committee property and residents is complex. Volunteers, especially college student volunteers, have a high level of culture and they have a high sensitivity towards the social trends and hot spots and have a good acceptance of new things. They often can find the blind area of community governance in the process of providing pension services. They also have some original insights and suggestions for some chronic conditions and can play the role of full criticism in raising the level of community governance. Volunteers can fully understand the region's governance status quo, seize the main problems in the community and listen to the views of residents about these issues by direct contact with the elderly. Community workers are bound to

find out the feasibility of measures to improve community governance as long as they listen to the idea of volunteers patiently and then make some appropriate guidance and dressing to them on this basis.

2.5 The Last Change Volunteer Service Brings Is That It Can Form a New Trend to Respect and Help the Elderly in the Community

In Chinese traditional culture, respecting the old as one of the most basic moral standards, is the core of the pension culture. Due to the influence of the spread of individualism, money worship, the surge in modern work pressure, interpersonal tension and other objective factors, the idea of respecting the old people has faded away in many people's minds. Many people even try to escape the obligation of supporting the old people with various excuses. The old are the wealth of the society at any time. When they were young, they contributed their youth and sweat to the national development and at the same time they brought up the next generation and reserved the talents for the future development of our country. After they enter old age, they should be properly cared for and respected by society. On the one hand, care and spiritual comfort provided by volunteers to the community pension meets the actual needs of the elderly. On the other hand, such practices also indicate the Chinese government's people-oriented starting point and the foothold, which will help to reshape the fashion of respecting the elderly in the society. The volunteers represent the young generation who is about to take on the social responsibility. They set up a firm idea of helping and respecting the old people in the voluntary service practice. After they enter the society, they will continue to carry it out by driving around the people together to join the ranks of helping and respecting the old people and thus promote the construction of the spiritual civilization of the whole society.

3. MEASURES TO FULFILL THE SERVICE FUNCTION OF THE VOLUNTEERS

Our country's huge old age groups have diversified demands for community pension service. As far as fund and the human resources are concerned, such demands are difficult to meet if we only depend on the professional community nursing service staff. To give full play to the functions of the community, we must strengthen the system design and mechanism of the volunteer service, and give full play to the role of the volunteer service.

3.1 The First Measure Is to Find Ways to Improvet the Construction of the Volunteer Team

On the basis of improving the community volunteer registration system, we should establish community volunteer information file, collect and record the basic situation, skills, expertise and the intention of carrying out

volunteer service of the volunteers and make them become the basis of carrying on the pension service. Government and community should establish the volunteer service fund security system so as to support volunteers to carry out work.

3.2 The Second Measure Is to Find Ways to Improve the Operation Mechanism of Volunteer Service

The government should do full research on community pension service, carry out voluntary service activities according to the needs of community nursing service and volunteer expertise, achieve the efficient allocation of volunteer resources in the community care services and ensure that the volunteer service has achieved good results. At the same time, the government should pay attention to the training of volunteers, strengthen the spirit of volunteers, enhance the cohesion of the volunteer team and help the volunteers to improve their professional skills to better carry out community care services. In the process of community service, the government should continue to improve the age structure of the volunteer team, further expand the younger volunteer service team, give full play to the waste heat of the elderly, vigorously strengthen the building of young volunteers and attract civil servants and young students to participate in the volunteer service.

3.3 The Third Measure Is to Find Ways to Improve the Incentive Mechanism of Volunteer Service

Firstly, the government should do a good job in the evaluation of the volunteers in their service. Although the volunteer service has the nature of obligation and does not take any financial reward, it does not mean that the quality of the service is not assessed. On the one hand, assessment can improve the objective needs of community service for the aged. On the other hand, it can also motivate volunteers to improve the service quality.

Secondly, the government should strengthen the promotion of volunteers in the whole society so as

to give a high social status to volunteers, encourage more active participation in the service and make more people understand the nature and significance of the volunteer service, respect and support volunteer work and participate in volunteer service team actively.

Finally, volunteer service should be closely related to the daily work and life of the volunteers. In this regard, many places have carried out a lot of good exploration. For example, some places make regulations that only after having more than two years of volunteer service experiences, are volunteers eligible to participate in the community committee elections.

SUMMARY

In short, our country is gradually improving the socialist market economic system and the social security system. The function and value of the community pension system are gradually recognized. The government is also exploring how to formulate policies and take appropriate measures to support and encourage the volunteer service to play a role in the community pension system. But the general direction of the government will be more and more attentive to the construction of the volunteer team, give more human, material and financial resources to help the volunteer service to play a role in the community pension system.

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